

PPG MEETING APRIL 19th 2017

MINUTES

Present:

Cynthia Willis - Chair
Moonyeen Thorley - Vice chair
Robert Watkins
Brian Clare
Sue Clare
Tony Schultz
Pat Gaskell
Ann Redfern
Jodie

Apologies:

Pam Barford
Betty James
Maureen Tantum
Sue Pyatt

Cynthia Willis stepped down as chairperson for TARDIS PPG.

Moonyeen Thorley was voted in as the new chair and Robert Watkins as new vice chair. In absence of a replacement secretary, it was decided to use a Dictaphone for a trial period

Discussion regarding PPG Community Conversation held at Bircheshead on the 26th April, chaired by the CCG. Sally Parkin, Clinical Director, Partnerships and Engagement, CCG: Peter Chell, Social Prescribing and Marc Schmid, Redmoor Health, will be making presentations and open stalls from community service providers will be present. The accent will be on participation from the various PPG groups, sharing best practice and collectively stating where problems existed and examining potential solutions.

Rob Watkins opened a discussion regarding Digital Accreditation, what it meant and how it may benefit surgeries - reduction in mailing costs, staff time etc. Rob was waiting for more information from Marc Schmid (as at the time of writing, Marc Schmid has written to Rob Watkins advising that he was developing a paper for WMAHSN and if agreed, he would like to use the TARDIS as a pilot scheme)

SPEAKERS

Presentation made by Victoria Riley and fellow researcher Lisa from Keele University regarding NHS Health Checks project. Victoria made an earlier presentation (12 months ago) to the PPG. The Health check focuses on patients between the age range of 40 -74 years of age and who have not already been diagnosed with cardio-vascular disease or who

are not on a cardio disease register. This group will be checked by their GP using blood and urine tests (amongst others) and the results will then be translated into 'cardiac age'. Cardiac age is indicative of risk of cardio vascular disease over the proceeding 10 years. Studies have shown that this % patients do not well understand risk. The project aims to provide an alternative method called JBS 3. This new tool provided several visual presentations demonstrating the risk to the patient together with the patients 'heart age'. The 'heart age' is shown alongside the patients actual age. The clinic is videoed but the patient has the right to opt out of the video option. After approximately one week, the patient will be invited back to talk about how their health risk was communicated; where videoed, the patient would be shown clips and asked questions regarding their experience and to gain patient feed-back.

Several PPG's have been invited to engage with the project in one of three ways but in all cases, information and consent forms will be provided by the university:

1. Seeking a consensus opinion on the clarity and function of the documents and forms.
2. Volunteers acting as a steering group, this is made up of academics, professionals, and patients. As matters arise, the project will seek collective opinion from the group (2 PPG representatives). **Ann Redfern volunteered to be on the steering group.**
3. A virtual group of patients via Facebook. This group will be asked questions by the project as it progresses, with the primary aim of obtaining quick feedback.

The project will combine with other research further down the line, with a view to providing a better tool that is better understood by both health professionals and patients. Currently there is no unified method of delivering this information across the country. Contact details for the project have been left with the Moonyeen Thorley - Chair.

FUTURE PROJECTS FOR DEVELOPMENT

Walking for health - this is a local programme that is currently looking to engage with the vulnerable. A suggestion is to gain interest by posters, website information, Facebook and any in Surgery promotion possible. Once we have established an interest we can develop this into venue, maybe incorporated with calling for tea/coffee. Plus extra special Cream Teas at some point.

Pat Gaskell, our new member, is passionate about domestic abuse. She had asked for posters to be placed in the surgery, this has now been done. Pat will, in the future, give us a talk on this very important topic.

Discussions focused on methods of how to engage with the vulnerable and what and how the PPG can engage with this 2%?

Discussion on how to engage with the 'Younger generation', the use of Facebook?

Cynthia voiced concerns over the demands being placed on PPGs, more professional requirements. In previous years, doctors attended PPG meetings and it was generally felt that this should be brought to the attention of the doctors, especially as PPG meeting are bi-monthly, this was not too much of an onus on the doctors.

The demands or the types of engagements by the PPG members, created the discussion point of specific training for its members so as to be better equipped to carry out the

functions requested of its members. The knock on of training members may result in dissuading new members.

Rob Watkins asked for more specific guidance from the TARDIS as to what it wished the PPG to do and set priorities.

PPG AWARENESS DAY

Thursday, June 22 is the 2017 PPG awareness day held at the TARDIS. This event takes place during the PPG Awareness Week set up by NAPP. There will be representatives from Health Watch (Jo Hall), North Staffs Carers, Julie Hammersley (Note: NSC lost their bid when the service went out to Tender, their service is now funded purely by charitable donations including Lloyds Bank), Age UK, Beat the Cold/Fuel Poverty. We aim to be set up in the surgery by 10:30-11:00am until approximately 2-2:30. If the members of the PPG would be able to be present at some time during the timespan, just to chat to patients and try and engage as many as we can. One topic would be to gauge the interest in the walking group.